



9.30am	<b>Welcome</b>
9.35am	<b>Scene setter interview</b> <ul style="list-style-type: none"><li>• <b>John Addis</b>, Amber River True Bearing</li><li>• <b>Adrian Wright</b>, University of Central Lancashire</li></ul>
9.45am	<b>Panel 1 – Physical health</b> <ul style="list-style-type: none"><li>• <b>Adrian Leather</b>, Active Lancashire</li><li>• <b>Ashley Alderson</b>, Fitness Evolution</li><li>• <b>Lisa Lewis</b>, The Senator Group</li></ul>
10.05am	<b>Masterclass: Financial wellbeing</b> John Addis, Amber River True Bearing
10.25am	<b>YOLO session</b> Cheryle Britton, YOLO Wellbeing
10.45am	<b>Refreshment break</b>
11.15am	<b>1-2-1 interview</b> Adrian Wright, University of Central Lancashire
11.30am	<b>Masterclass: Menopause for employers</b> Sally Leech, Henpicked
11.50am	<b>Panel 2 – Mental Health</b> <ul style="list-style-type: none"><li>• <b>David Dunwell</b>, Lancashire Mind</li><li>• <b>Dave Scholes</b>, Six Connections</li><li>• <b>Justine Forster</b>, Advocacy Focus</li><li>• <b>Paul Bradley</b>, Service Care Solutions</li><li>• <b>Stephen Robinson</b>, It's Mental</li></ul>
12.20pm	<b>Conclusions</b>
12.30pm	Networking, lunch
1.00pm	Close, guests depart